

American Red Cross

[Psychological First Aid: Supporting Yourself and Others During COVID-19 Online Course](#). The course content is based on guidance from the American Red Cross Scientific Advisory Council, the Center for Disease Control and Prevention (CDC), and the American Academy of Pediatrics (AAP). This online course is designed for anyone interested in learning techniques for supporting mental health during the COVID-19 crisis.



Psychological First Aid: Supporting Yourself and Others During COVID-19 is an online only course designed to help individuals build resilience and support themselves and lend support to others during and following the COVID-19 outbreak. The course length is estimated at 60 minutes. The topics covered in the course include:

- Recognizing Stress in Adults, Teens and Children
- Practicing Mental Health First Aid
- Caring for Yourself
- Supporting Your Family
- Supporting Yourself and Coworkers at Work

American Society of Addiction Medicine (ASAM)

[American Society of Addiction Medicine](#) provides an audio-visual curriculum regarding the fundamentals of Addiction Medicine and Motivational Interviewing.



[Motivational Interviewing: A Brief Introduction](#) is presented by Bill Matulich, PhD, Clinical Psychologist, Member of the Motivational Interviewing Network of Trainers and includes a discussion regarding the basic of Motivational Interviewing (Video: 17 min, 22 sec)



KEY: **Implementation/Foundational, Treatment and Support, Sustainability**
C – Curriculum, R – Resource (website or static document), V – Video

The Bureau of Justice Assistance (BJA) National Training and Technical Assistance Center (NTTAC)

[The Bureau of Justice Assistance \(BJA\) National Training and Technical Assistance Center \(NTTAC\)](#) provides new information and tools to assist criminal justice professionals in the effort to improve the nation's state, local, and tribal criminal justice systems. BJA NTTAC is dedicated to evolving in order to facilitate the provision of consistent, effective TTA services that achieve meaningful criminal justice outcomes.



[Effective Community Responses to Mental Health Crises: A National Curriculum for Law Enforcement Based on Best Practices from CIT Programs Nationwide](#) was developed to expand the reach of effective crisis intervention strategies to law enforcement agencies and to encourage the development of mental health community-law enforcement partnership teams throughout the United States. The curriculum contains 25 modules on various behavioral health and law enforcement topics with the flexibility to customize with special topics and local information. It includes an instructor guide, participant guide, slide deck, pre-course survey, post-course evaluation, certificate, and planning matrix. It is available at no cost to police agencies and mental health authorities.



The Bureau of Justice Assistance (BJA) National Training and Justice & Mental Health Collaborative Program (JMHCP)

[A Guide to Mental Health Court Design and Implementation](#) provides detailed guidance on critical issues such as determining whether to establish a mental health court, selecting the target population, ensuring confidentiality, sustaining the court, and many others. Examples from existing mental health courts illustrate key points.



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Council of State Governments (CSG)

[Developing a Mental Court: Interactive Curriculum](#) is a free online multimedia curriculum, for individuals and teams seeking to start, maintain, or learn more about mental health courts. The Curriculum contains eight modules with topics ranging from “Understanding Mental Health Courts” to “Launching and Sustaining Your Program”.



[Information Sharing](#) discusses some of the information sharing challenges encountered by jurisdictions seeking to develop and implement criminal justice and behavioral health collaboration programs. Specific topics include an overview of legal considerations, different practitioner perspectives, and the strategies some jurisdictions have used to share mental health and substance use information without compromising individual privacy or professional responsibility obligations.



[A Guide to the Role of Crime Victims in Mental Health Courts](#) was created for stakeholders involved in either planning or operating these specialized courts it is intended to highlight the potential role of crime victims in mental health courts. It addresses the challenges court teams face in trying to involve victims and the reasons to devote time and energy to overcoming them. The guide offers concrete steps the communities can take to ensure the interests and needs of crime victims are reflected in court policies and practice.



[Behavioral Health Diversion Interventions](#) is a policy brief that describes key components to developing a systems-wide diversion strategy and focuses on the fundamental agencies within the criminal justice system that can lead the implementation of diversion interventions, with the goal of diverting people with mental illness from the justice system and into community-based treatment and support services. The brief was also prompted, and guided, through work with Justice and Mental Health Collaboration Program grantees.



[A Checklist for Implementing Evidence-Based Practices and Programs for Justice-Involved Adults with Behavioral Health Disorders](#) is an easy- to- use checklist to help behavioral health agencies assess utilization of EBPs associated with positive public safety and public health outcomes. Providers should identify whether their agency utilizes these key practices and programs, or whether they should be prioritized for future implementation.



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[How to Reduce Repeat Encounters](#) is a practical guide to addressing the needs of the people officers frequently encounter while reducing their contact with the criminal justice system over time.



[Mission Accomplished?](#) is an infographic providing statistics and information about the challenging landscape of juvenile incarceration.



[Responding to a High-Profile Tragic Incident Involving a Person with a Serious Mental Illness \(SMI\): A Toolkit for State Mental Health Commissioners](#) is an invaluable tool for the stewardship of state mental health policy. [This resource combines practical tips and experiential knowledge, supported by research, offering guidance on how to respond to a terrible act of violence committed by a person with a history or current diagnosis of serious mental illness.](#) The toolkit can help prepare for, manage and evaluate your response to a violent incident.



Mecklenburg County, North Carolina's Criminal Justice Advisory Group (CJAG)

[Acknowledging and Addressing Unconscious Bias](#)



[Mecklenburg's Online Implicit Bias Training Available to Other Jurisdictions.](#) Mecklenburg has made this criminal justice-focused training available to the public. As the training is not specific to Mecklenburg County, any jurisdiction can utilize this training at no cost and without having to login or provide any information. This online training takes roughly 90 minutes to complete and is divided into three self-paced, interactive modules.

Community Connections

[Trauma Recovery and Empowerment Model \(TREM\)](#) is a fully manualized group-based intervention designed to facilitate trauma recovery among women with histories of exposure to sexual and physical abuse. Drawing on cognitive restructuring, psychoeducational, and skills-training techniques, the gender-specific 24-29 session group emphasizes the development of coping skills and social support.



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The Eleventh Judicial Circuit Criminal Mental Health Project (CMHP)

[Miami-Dade County CIT Training Curriculum](#) contains two components: pre-booking diversion consisting of Crisis Intervention Team (CIT) training for law enforcement officers and post-booking diversion serving individuals booked into the jail and awaiting adjudication. All participants are provided with individualized transition planning including linkages to community-based treatment and support services.



First Responder Center for Excellence (FRCE)

[Stress First Aid for First Responders \(SFA\)](#) is a framework to improve recovery from stress reactions, both in oneself and in coworkers. SFA aims to support and validate good friendship, mentorship, and leadership actions. SFA includes core actions that help to identify and address early signs of stress reactions in an ongoing way (not just after "critical incidents"). This model begins with a stress reaction continuum model. The goal of SFA is to identify stress reactions along that continuum and to help reduce the likelihood that stress outcomes develop into more severe or long-term problems. The core actions of SFA are appropriate for both self-care and coworker support and have also been applied to the public in fire, EMS, post-disaster, pretrial and probation settings, and health care.



Justice & Mental Health Collaborative Program (JMHP)

[Justice & Mental Health Collaboration Program](#) promotes innovative cross-system collaboration and provides grants directly to states, local governments, and federally recognized Indian tribes. It is designed to improve responses to people with mental illnesses who are involved in the criminal justice system. JMHP funding requires collaboration with a mental health agency.



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Judges & Psychiatrists

[Bench Card](#) is designed to assist judges in making informed connections to treatment for people who have behavioral health needs that enter their courts.

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The Judges and Psychiatrists Leadership Initiative (JPLI) released [Practical Considerations Related to Release and Sentencing for Defendants Who Have Behavioral Health Needs: A Judicial Guide](#) and an accompanying bench card, which were developed with the support of the American Psychiatric Association Foundation and the CSG Justice Center. The resources are designed to assist judges in making informed connections to treatment for people with behavioral health needs who enter their courts.

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[The Judges' Guide to Mental Illnesses in the Courtroom](#) is a two-page bench card to help judges recognize the signs of possible mental illnesses among individuals in the courtroom and to respond sensitively and productively.

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[On the Over-Valuation of Risk for People with Mental Illness](#) highlights seven consensus statements from a panel of judges, researchers, and forensic psychiatrists on the overestimation of risk among this population and notes that they will more likely be victims of crime than the ones perpetrating them. It also calls for a better understanding of risk among this population to reduce the numbers of people with mental illnesses in the criminal justice system.

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[Bench Cards](#) are resources designed to assist judges in making informed connections to treatment for people who have behavioral health needs that enter their courts.

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[On-sight learning](#) for police, law enforcement, leaving jail, etc.

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[Supporting People with Serious Mental Illnesses and Reducing Their Risk of Contact with the Criminal Justice System](#) was written to help familiarize clinical professionals with the Risk-Need-Responsivity (RNR) Model and provide information on ways they can help address the particular needs of people who have serious mental illnesses and a criminal justice history. This primer highlights how critical it is for psychiatrists to better identify and address the clinical and forensic needs of these patients and incorporate interventions that address their criminogenic risks and needs into patient treatment plans.

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Minnesota Center for Chemical and Mental Health (MCCMH)

[ASAM Basics](#) contains a guide for providers to develop care plans and make objective decisions about placement along the continuum of care.



National Association on Mental Illness (NAMI)

[A Guide to Mental Illness and the Criminal Justice System](#) is intended to serve as an aid for those people thrust into interaction with local criminal justice systems. Since criminal procedures are complicated and often differ from state to state, readers are urged to consult the laws and procedures of their states and localities.



[National Alliance on Mental Illness](#) is the largest grassroots organization. NAMI works in communities to raise awareness and provide support and education to those in need.



National Association of State Mental Health Program Directors (NASMHPD)

[Position Statement on Services and Supports to Trauma Survivors](#) highlights NASMHPD's belief that responding to the behavioral health care needs of women, men and children who have experienced trauma is crucial to their treatment and recovery and should be a priority of state mental health programs. In addition, the prevention of traumatic experiences is a fundamental value held by NASMHPD and its individual members; state mental health authorities. Toward this goal, it is important to support the implementation of trauma-informed systems and trauma-specific services in our mental health systems and settings.



[Demystifying Psychosis: For Family Members](#) contains a series of three module courses are designed for family members of an individual who is experiencing a first episode of psychosis.



[Early Intervention in Psychosis: A Primer](#) is a three-module course is designed for professionals in diverse settings who work with teens and young adults and who are interested in learning about the early warning signs of psychosis, intervention and treatment.



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[Best Practices in Continuing Care after Early Intervention for Psychosis](#) is a series of three brief (20-minute) recorded webinars intended for community programs receiving individuals from CSC programs and covers the following topics:



- [Overview of Psychosis](#)
- [Early Intervention and Transition](#)
- [Recommendations for Continuing Care](#)

[Windows of Opportunity in Early Psychosis Care: Navigating Cultural Dilemmas](#) is a series of three training videos designed to help CSC providers navigate cultural dilemmas around:



- [Religion and Spirituality](#)
- [Family Cultures](#)
- [Masculinity and Gender Constructs](#)

[Responding to a High-Profile Tragic Incident Involving a Person with a Serious Mental Illness \(SMI\): A Toolkit for State Mental Health Commissioners](#) is an invaluable tool for the stewardship of state mental health policy. [This resource combines practical tips and experiential knowledge, supported by research, offering guidance on how to respond to a terrible act of violence committed by a person with a history or current diagnosis of serious mental illness. The toolkit can help prepare for, manage and evaluate your response to a violent incident.](#)



National Center for State Courts (NCSC)

[Mental Health](#) assists state courts in their efforts to more effectively respond to the needs of court-involved individuals with serious mental illness.



[Mental Health Facts in Brief](#) provides useful resources for mental health courts and communities.



- [The Psychiatric Care Continuum](#)
- [Co-Occurring Mental Illness and Substance Use Disorders \(COD\)](#)
- [Trauma and Its Implication for Justice Systems](#)

[The Safety Justice Challenge](#) discusses the costs overuse of jails carries for individuals, families, communities, and society at large.



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[The Evidenced-based Judicial Decision-making Curriculum Toolkit](#) is a curriculum providing instruction regarding diversion and sentencing practices affecting persons facing potential local jail sentences.



[Mental Health Courts Performance Measures](#) is a set of 14 performance measures that offers court managers and administrators a tool to monitor the performance of mental health courts.



National Center on Trauma-Informed Care (NCTIC)

[Essential Components of Trauma-informed Judicial Practice](#) is an issue brief that provides information, specific strategies, and resources that many treatment court judges may find beneficial.



National Council for Behavioral Health (NCBH)

[Mental Health First Aid](#) is a skills-based training course that teaches participants about mental health and substance-use issues.



National Child Traumatic Stress Network (NCTSN)

[Think Trauma: A Training for Working with Justice-Involved Youth](#) provides an overview for juvenile justice staff on how to work towards creating a trauma-informed juvenile justice residential setting. This training includes four modules including trauma and delinquency; trauma's impact on development; coping strategies; and vicarious trauma, organizational stress, and self-care.



National Drug Court Institute (NDCI)

[Foundational Training](#) is for treatment courts that are in the pre-implantation or planning stages, recently implemented but need a formal training, or experiencing significant staff turnover.



[Annals of Research and Knowledge \(The ARK\)](#) brings together decades of research into justice programs and outcomes in a dynamic online tool. With the ARK, you can indicate an individual's risk and need profile and his or her stage in the justice system and view detailed information on evidence-



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based and promising programs matched to that individual. The ARK combines two evidence-based criminal justice frameworks:

Risk, need, responsivity (RNR) theory, developed by Andrews and Bonta (2010)

The sequential intercept model, developed by Munetz and Griffin (2006)

[Equity and Inclusion Toolkit](#) an interactive tool to guide courts in measuring their inclusiveness. Data gained from this Microsoft Excel-based tool can be used to improve program outcomes for participants of diverse race, ethnicity, gender identity, age, and sexual orientation. The tool is accompanied by a user guide and handout to help users gain effective data.



[Judicial Bench Card](#) suggests questions for judges to use with participants at different stages of the docket.



[American Society of Addiction Medicine \(ASAM\) - Treatment Provider Training](#) brings world-class training to substance use disorder treatment professionals working with clients involved in the justice system. Training events are free to participants.



[Law Enforcement Training for Treatment Courts](#) provides training for law enforcement working in treatment courts.



[Operational Tune Up Training](#) is a FREE training conducted by NDCI for new or experienced programs. This training is designed to answer all questions and improve the success of treatment courts.



[The Drug Court Judicial Benchbook](#) provides key guidelines to improve client outcomes and increase cost savings. This version includes an updated version of Chapter 4: Addiction and Treatment Services.



National Institute on Drug Abuse (NIDA)

[National Institute on Drug Abuse](#) is a resource providing research as to the effectiveness of treatment approaches using contingency management (CM) principles, which involve giving patients tangible rewards to reinforce positive behaviors such as abstinence.



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National Institute of Health (NIH)

[National Institute on Drug Abuse Behavioral Therapies: Contingency management, motivation and incentives](#) discusses research that has demonstrated the effectiveness of treatment approaches using contingency management (CM) principles, which involve giving patients tangible rewards to reinforce positive behaviors such as abstinence.

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[Post-Traumatic Stress Disorder brochure](#) focuses on post-traumatic stress disorder (PTSD), a disorder that some people develop after experiencing a shocking, scary, or dangerous event. It explains signs and symptoms in children and adults, risk factors, treatment options, and next steps for PTSD research.

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National Judicial Opioid Task Force (NJOTF)

[Final Report](#) shares the recommendations, tools, best practices, and examples of successful programs so that state courts can serve as effective partners in the management and eventual end to the addiction crisis.

R

[The National Judicial Opioid Task Force \(NJOTF\) Resource Center for Courts](#) is a repository of publications, best practices, policies, research, statistics, podcasts, and more on opioids in the courts from a variety of expert sources. Included in the resource are the tools and publications created by the Task Force to assist courts in addressing the opioid crisis.

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National Judicial College

[The National Judicial College Course Catalog](#) provides an up-to-date listing of courses including on-line learning opportunities and FREE webcasts.

C

The PEW Charitable Trust (PEW)

[How to Transform the Response to Those Having a Mental Health Crisis.](#) Florida program helps people access treatment, reducing jail sentences.

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[Mental Health and Justice Partnership Project](#) - aimed at uncovering how the justice system is falling short—and what can be done to improve access to treatment.

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Includes a few related news stories, including examples of programs that are pioneering a better way.

[Policy Research Associates \(PRA\)](#)

[Brief Jail Mental Health Screening Form](#)

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[Sequential Intercept Mapping Workshops](#)

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[Provider Clinical Support System \(PCSS\)](#)

[Providers Clinical Support System](#) provides education and training resources for primary care providers. The overarching goal of PCSS is to provide the most effective evidenced-based clinical practices in the prevention of Opioid Use Disorder (OUD) through proper opioid prescribing practices, identifying patients with OUD, and the treatment of opioid use disorder.

C

[Public Broadcast Stations \(PBS\)](#)

In [The Definition of Insanity](#), The Miami-Dade Criminal Mental Health Project (CMHP) comes to life. This documentary follows a team of dedicated public servants working through the courts to steer people with mental illness — as their court cases hang in the balance — on a path from incarceration to recovery.

V

[God Knows Where I Am](#) shares the story of Linda Bishop and society's treatment of mental illness & homelessness.

V

[Risking Connection Model \(RC\)](#)

[Risking Connection®](#) teaches a relational framework and skills for working with survivors of traumatic experiences. The focus is on relationship as healing, and on self-care for service providers.

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The Sanctuary Model

[The S.E.L.F. Psychoeducational Group Curriculum](#) is a good way to start, addressing the fundamental problems surrounding exposure to violence without needing to focus on specific individual events within a group setting. The four concepts: Safety, Emotions, Loss, and Future represent the four fundamental domains of disruption that occur in a traumatized person's life and within these four domains, any problem can be categorized. Naming and categorization are the first steps in making a problem manageable.



[The Sanctuary Model®](#) represents a theory-based, trauma-informed, trauma-responsive, evidence-supported, whole culture approach that has a clear and structured methodology for creating or changing an organizational culture.



Substance Abuse and Mental Health Services Administration (SAMHSA)

[Trauma Training for Criminal Justice Professionals](#)

was developed by The GAINS Center to provide criminal justice professionals with the skills and information needed to raise awareness about trauma and its effects.



[Screening and Assessment of Co-occurring Disorders in the Justice System](#)



[Core Elements for Responding to Mental Health Crises](#) offers guidance on improving services for people living with serious mental illness or emotional health issues during a mental health crisis. It defines values, principles, and infrastructure to support appropriate responses to crises in diverse situations.



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[Clinical Support System for Serious Mental Illness \(CSS-SMI\)](#) is an initiative that supports the use and implementation of evidence-based screening and treatment for serious mental illness (SMI) through education and consultation. This initiative, called SMI Adviser, supports the use and implementation of evidence-based treatments for serious mental illness (SMI). The American Psychiatric Association engages and leads more than 30+ national mental health organizations who help guide this interprofessional project. SMI Adviser supports real-world clinical practice with education, data, and consultations. SMI Adviser is funded by the Substance Abuse and Mental Health Services Administration (SAMHSA) and administered by the American Psychiatric Association (APA).



[Crisis Intervention Team \(CIT\) Methods for Using Data to Inform Practice: A Step-by-Step Guide](#)



[Crisis Services: Meeting Needs, Saving Lives](#). The related papers address key issues relevant to crisis services, homelessness, technology advances, substance use, legal issues impacting crisis services, financing crisis care, diverse populations, children and adolescents, rural and frontier areas, and the role of law enforcement.



[Substance Abuse and Mental Health Services Administration's new mobile app](#), My Mental Health Crisis Plan, allows individuals who have serious mental illness (SMI) to create a plan to guide their treatment during a mental health crisis.



Tennessee Association of Recovery Court Professionals (TARCP)

TARCP [Tennessee Association of Recovery Court Professionals](#) provides resources to aid in the development and planning of Mental Health Courts



Texas Justice Court Training Center (TJCTC)

[Texas Criminal Justice Committee 2020 Report & Recommendations](#) provides an evaluation of the Texas criminal justice system and subsequent recommendations.



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The [Texas Mental Health and Intellectual and Development Disabilities Law Bench Book](#) is a procedural guide for Texas judges hearing cases regarding persons with mental illness and/or intellectual disability.

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[Texas Tech Law Review \(TLR\)](#)

[2020 Texas Tech Mental Health Law Symposium](#). The Texas Tech Law Review and the Texas Tech University School of Law were proud to host the virtual 2020 Texas Tech Mental Health Law Symposium via Zoom on November 20, 2020.

V

[Treatment Advocacy Center \(TAC\)](#)

[Law enforcement surveys](#) contains search results for articles and research briefs regarding law enforcement surveys regarding responses to serious mental illnesses.

R

[United States Department of Veterans Affairs/National Center for PTSD \(USDVA/PTSD\)](#)

Veterans have unique needs—and unique options—when it comes to care for PTSD and other mental health conditions. [Help for Veterans](#) provides resources will help veterans find treatment within VA and understand the benefits and claims process.

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[Trauma Exposure Measures](#) is a Universal Assessment Instrument to measure the types of trauma a person has been exposed to, or the degree of severity of the traumatic event someone experienced. For each measure, a brief description, sample items, versions, and references are provided. Information on how to obtain the measure is also provided.

R

[Virginia Department of Behavioral Health & Developmental Services \(VADBHDS\)](#)

[Information Sharing Process Between Jails and Community Service Boards Pursuant to SB1644 \(2019\), \(Chapter 685, 2019\)](#) report the issue of and develop a plan for the sharing of protected health information of individuals with mental health treatment needs who have been confined to a local or regional jail in the Commonwealth and who have previously received mental health treatment from a Community Services Board or Behavioral Health Authority (BHA) in the Commonwealth.

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[Report on Discharge Assistance Planning](#) discusses the recommendations on the allocation and use of the Discharge Assistance Program (DAP).

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[Mental Health and the Law: A guide for Legal Professionals](#) provides additional information regarding the history of Mental Health Courts in Virginia, barrier to implementation, statistics, and cost-savings.

R

Vera Institute of Justice (VERA)

[Behavioral Health Crisis Alternatives: Shifting from Police to Community Responses](#). This Vera Institute report provides an overview of crisis response programs, including a typology of approaches organized by the involvement of law enforcement, before examining the efforts of three communities—Eugene, Oregon; Olympia, Washington; and Phoenix, Arizona—to reduce the number of crisis calls directed to police.

R

Public Broadcasting (WSUI/NPR)

[Panel Discussion Tackles Mental Health and The Courts](#). A documentary screening and panel discussion put a spotlight on the challenges of mental illness and the criminal justice system. Hosted by the Illinois Supreme Court Mental Health Task Force, the panel featured three mothers whose children had severe mental illness. All the mothers spoke of difficulty accessing treatment for their children, getting them involuntarily committed if needed, and the lack of psychiatric beds.

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